



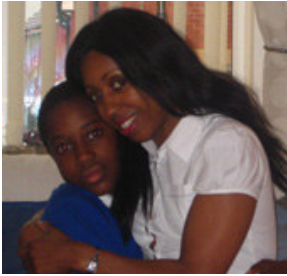
The Bubble

Issue 3

Sept 2008

The NCSF Newsletter

NCSF Makes a Difference



Catherine & Aaron

Two years on from achieving registered charity status, NCSF is now really making a positive difference to a number of families. So far this year approximately £10,000 has been spent directly supporting families living with cancer. Catherine Evelyn is a single mum to Aaron aged 9 and she has been living with cancer for the past 7 years. Referred by the Bristol Oncology Unit last year, NCSF has supported her by awarding grants towards after-school care, holiday clubs, transport to and from school, purchasing nutritious frozen foods as well as recently donating towards a caravan holiday to Cornwall.

Catherine says, "NCSF has been a huge support to us. Financially it is hard being a single parent and living with cancer but the charity has been a massive relief to me. I can really focus on my son and my recovery without worrying too much about money. It was also lovely this summer to be able to have a well needed break away together."



Aaron

Another family wrote to NCSF to say, "thank you on behalf of myself, my husband and my daughter for the generous grant that you sent to us recently to help towards additional nursery fees. This generosity brought tears to my eyes as it will go such a long way towards relieving financial hardship for us at this really difficult time." Supporting the plans for Ward 61 she writes, "I have spent some time on Ward 61 and feel strongly that a child friendly area perhaps shared with Ward 62, would be a welcome addition for families with children's' films, playpen or soft-play area and a toy box." The NCSF plans for Ward 61 continue to progress well.

Can you make a promise?

On Friday 10 October NCSF are holding a Promises Auction at Kingswood Village Hall, Wotton-under-Edge. Promises, large or small are welcomed and so far range from baking cakes, washing cars and babysitting through to a weeks accommodation in Spain!

If you are able to offer a promise please email lindsay@ncsf.org.uk. Alternatively please feel free to come along on the night and bid for some of the great promises on offer!

"THANK YOU"

The Trustees and Committee of NCSF would like to take this opportunity to thank everyone that supports the charity in any capacity. "Without the volunteers, supporters and sponsors we would not have been able to achieve what we have done so far", says Carl Lander, Chair of Trustees. "Your support is greatly appreciated." A special thank you to those too who have made one off donations—this has been the best year yet for funds raised in this way.

A special thank you too to Darren Sims (aka DAZ!) who has organised the Rock 'n' Raise concert due to take place on 19th September!

Future Diary Dates

Friday 19 September
Rock 'n' Raise
Bristol Colston Hall
7.30pm

Friday 3 October
Ladies Circle Fashion Show
Blue Coat School Hall,
Wotton under Edge
7.30pm

Friday 10 October
Promise Auction
Kingswood Town Hall,
Wotton under Edge
7pm open / 7.30pm start

Saturday 1 November
Salsa Night
Jubilee Centre,
Bradley Stoke
7.30pm

Saturday 24 January
Burns Night,
Rose Green Centre,
Gordon Rd, Whitehall
7.30pm

Wednesday 23 July
Afternoon Cream Tea
Henleaze

Saturday 29 August
Family Fun Day
Manor Farm Campsite,
Seaton, Devon
10am onwards

'Helping Parents with Young Children Cope with Cancer'

www.ncsf.org.uk

email:info@ncsf.org.uk

Tel: 0845 2573754

Registered Charity No: 1114679

Charity Begins at Home



Nicola Corry lived in Bradley Stoke in the last few years of her life and the local community have been really demonstrating their support to the charity.

Bradley Stoke Town Council raises £2911

Thanks to Julian Barge, Mayor of Bradley Stoke Town Council 07/08, NCSF recently received a cheque for £2,911. During his term as Mayor, Councillor Barge nominated NCSF to be the Town Council's local charity of the year. Various fundraising events took place throughout the year, the biggest being the Bradley Stoke fireworks display. Thanks to all the local community that supported this, and other events.



Julian Barge, Mayor of Bradley Stoke Town Council together with Mary Pearce, Nicola Corry's Mum photographed at the NCSF annual dinner in February 2008.

Wheatfield School 'Peaks' at Fundraising



A team of staff and parents from Wheatfield School in Bradley Stoke took on the three peaks challenge in May raising money for four charities, one of which was NCSF. This challenge involved climbing the peaks of Ben Nevis, Scafell Pike and Snowdon in 24 hours, including the travelling time in between mountains. Clare Cousins reports, "We climbed Ben Nevis on the Friday evening and then drove through the night to Scafell Pike which we started climbing at about 4.30am. We all got up to the top in just over 2 hours and then set off for Snowdon. Some achieved the challenge in under 24 hours, the rest of us made it between 24 and 26 hours. It was a real achievement for all!"

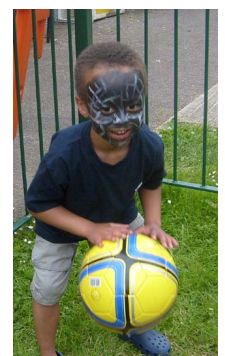
In addition to this the children of the school also did their own 'Mini 3 Peaks Challenge' by collectively as a class climbing the same height as the 3 peaks and raising sponsorship. Well done to all at Wheatfield who took part and those who supported the events.

Fantastic Fun and Frolics at Family Fun Time!



Luckily the sun shone for the 'family fun time' held at Brook Way Activity Centre on Saturday 14th June. Fun was enjoyed by all ages with a bouncy castle and face paints for the kids; barbecue, bar, tea, cakes and strawberries and cream for the adults; and sideshows such as tombola and beat the goalie for children and adults alike! Music was provided too by the infamous 'Daz' helping to create a really lively but relaxed atmosphere. The local fire brigade also paid a visit allowing the children to explore a fire engine!

Thanks to all who supported the event either by helping with the advertising and/or attending on the day.



Bradley Stoke 10K Runs Up a HUGE £1100

Thanks to Sole Sisters and Team BS7 (Gloucestershire County Cricket Club's Fitness Club), the Bradley Stoke 10k held on a rare hot Sunday in June made just over £1100 for NCSF. Sole Sisters, a local ladies running club organised the event as part of the Community Festival and nominated NCSF as one their two chosen charities raising £250 through entry fees alone. The BS7 team comprised Monica, Kate, Andy, Alex, Matt and Viv led by Jules Smith of the Club, raising a whopping £860 through sponsorship! So inspired were this team that they are now all going on to run the Bristol Half Marathon in September. Well done to all!

Summer Successes



Manor Farm Mayhem



Fundraising for NCSF has gone down south this summer with the Manor Farm Campsite in Seaton raising over £1400 with various events. Thanks to Tim, Mandy and all the team at Manor Farm (pictured right) for their continued efforts!



A huge £788 was raised at the **'Funny Farm Fun Day'** held on Bank Holiday Saturday in August. Full English breakfasts were on offer to start the day followed by burgers and pancakes as the day progressed. All day activities ranged from 'Sumo Suits', inflatable jousting, 5 aside football, pony rides as well as the usual face painting, craft and cake stalls and a **very** successful tombola stall!

Cook 'n' Raise Cascades

The Seaton Team have really gone full steam ahead with cascading of charity dinner parties. Mitchell Jones, age 13 (pictured right) and his dad Martin kicked off this fundraising idea by holding a 'Posh Nosh' evening in May for 10 people in their awning! Charging £10 per head they managed to raise £130 for NCSF. Since then 4 further meals have been held by others with different themes including Moroccan, Mexican, Italian and a pirate night with curry! If you are interested in holding a Cook 'n' Raise event please email info@ncsf.org.uk for a pack of information.



'Chef' Mitch

Pedal Power!

And there's more . . .



Well done to Andy Gunter who cycled 210 miles to achieve the London to Paris Cycle Ride in June raising £1000 for NCSF. "I have been training since last October and still it was the hardest thing I ever done!" says Andy, "But I can honestly say that this experience of doing something so positive to benefit others has been a life changing experience for me."

"I want to thank everyone who sponsored and supported me in doing this. It was a fantastic and enjoyable experience, really motivated by the thought of raising money to do some good."



A **Spanish Evening** was held in May at Hallen Social club organised by Carmen Rodriguez, Tracey Jones and Karen Bidder raising over £700 for NCSF. In addition to authentic Spanish cuisine cooked by Carmen, they organised a quiz and auction, and live music was enjoyed by all.

The **Lampsfest** was held at the Lamplighters Pub, Shirehampton, Bristol on 21st June raising almost £500 for NCSF. Thanks to all the bands that played at the all day event and especially thanks to Andy Smith of 'Capone' who organised it!

A very successful **Cream Tea** was held in Henleaze in July raising £250. The weather was kind allowing people to soak up the sun whilst enjoying home made scones, strawberries and cream! Thanks to Carole Hunter for hosting the event and all those who attended.

Can NCSF be your 'Charity of the Year'?



Carl Lander (pictured left) has been working voluntarily with NCSF for 2 years and has now been Chair of Trustees for just over a year. Talking about the longer term aims of the charity he is encouraging others to become involved with a particular appeal to local businesses and organisations for support

“As NCSF reaches a certain degree of maturity we find that our expansion is ever needing more and more input from others outside of the charity. This is essential not only for the energy and capacity that it brings but also for the new ideas and ways of working that come with it.

Our long term vision is to develop our own services and have a building to run these from, whether it be childcare or complementary therapies. We also really want to expand our work across the UK to be able to support more and more families living with cancer. An immediate priority is to seek longer term funding, linking up with organisations such as Rotary and Lions Clubs and obtain support from businesses and organisations in the South West. It was fantastic that Bradley Stoke Town Council nominated us their charity of the year last year; similarly Wotton Ladies Circle have recently made us their charity of the year. It would be so helpful if more organisations are able to do this. Please let us know if yours can!

Finally, we are always seeking ways to involve more people in our core work of raising funds. We inevitably need help at various events as well as making things to sell. In the not too distant future we will need help with painting and general renovation of the Ward 61 day room. If you can help with this or if you know how we may attract any sponsorship for this project we would love to hear from you. We would also appreciate any help in promoting the charity—it is essential that we spread the word of what we do and how we can help!”

How Can I Help?

There are many ways in which you can help. If you would like to help, or to find out more information please complete the form below and return to 42 Two Mile Hill Road, Kingswood, Bristol, BS15 1BP or email lindsay@ncsf.org.uk

Make a Donation
(Cheques payable to NCSF)

Set Up Standing Order

Become a Volunteer

Organise an Event

Become a Friend
(you may apply online)

Hold a NCSF Craft Party

Leave a Legacy

Buy NCSF Christmas Cards

Name:.....

Address:.....

Tel:.....

Email:.....

'Helping Parents with Young Children Cope with Cancer'

www.ncsf.org.uk

[email:info@ncsf.org.uk](mailto:info@ncsf.org.uk)

Tel: 0845 2573754

Registered Charity No: 1114679